**CRYSTAL REIKI INTAKE FORM**

**ELEMENTAL HEALER NYC**

**Rabeea Jabbar**

Reiki (Ray-key) is a form of ancient energy healing method used for deep relaxation, clearing chakra blockages and allowing the human body to balance itself at a very deep level. Reiki has its own natural intelligence which helps remove kinks out of the body and goes where it is needed the most. My method of Reiki combines the healing energies of crystals with the energy of Reiki hence amplifying the healing work to give you faster results and greater joy. You will also receive some intuitive guidance and possibly coaching during these sessions.

Self-care is vital while receiving Crystal Reiki treatments. After the first session I highly recommend drinking lots of water, clear liquids, juices, healthy foods and herbal teas. I also recommend no alcohol, nicotine, caffeine or other stimulants like drugs etc. Your body will gradually be readjusting and since a lot of emotional release takes place during these sessions it is important that you get plenty of rest and take good loving care of your physical and emotional self.

I abide by strict confidentiality rules and respect the healer’s privacy (including not contacting her after business hours)

I understand what Crystal Reiki entails and that the $120 session fee is non refundable.

I understand that Crystal suggestions made for me is an optional choice and that crystals are not a substitute for any medical treatment.

Print Full Name:

Sign X:

Date:

Cancellation Policy: 24 hours notification is required for cancellations/re-scheduling or a full session fee may apply.

Payment Policy: Payment is processed at the time of the session. Credit/debit and cash only, no personal checks are accepted. Paypal payments must be received 24 hours prior to the appointment and are nonrefundable.

Disclaimer: Please Note that Crystals and Reiki Therapy are by no means a substitute to any prescribed medical treatment.